



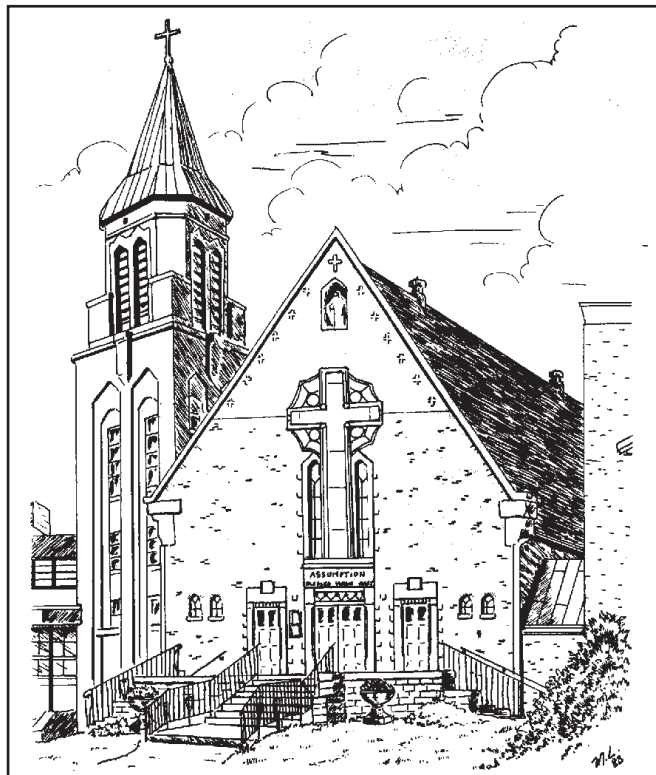
Assumption of the Blessed Virgin Mary Parish



Served by the Franciscan Friars Conventual

320 Olmstead Street, Vanier, Ontario K1L 7K3 • Tel: 613-695-6079

Website: www.assumptionparishottawa.ca



OUR PARISH MISSION STATEMENT

*"We endeavour to build for this community a
viable Christian Family that all will
consider home."*

MASS SCHEDULES

Saturdays: 9 am & 4 pm (Sunday Liturgy)

Sundays: 9:30 am, 12:00 pm (Filipino Mass), 7 pm

Mondays to Fridays: 8:00 am (except for
School Masses, on Feast and Solemnities)
(Church doors open 45 minutes before the Mass)

DEVOTIONS

Rosary: 30 Minutes Before Weekday Masses
and Every First Saturday of the Month (after the
9:00 am Mass)

Devotion To Our Lady of Perpetual Help:
Every Wednesday After The 8:00 am Mass

Eucharistic Adoration: Every 1st Friday at
8:30am (after the Morning Mass) and every
Friday at 6:00 pm

PASTORAL TEAM

Pastor: Rev. Fr. Victor Mateo, OFM Conv.

Pastoral Council Chair: Nicolas Murillo

Finance Council Chair: Mary Stanton

Administrative Assistant: Nora Arriola

PARISH OFFICE HOURS

Monday to Friday, 10 am - 12 noon, 1:00 pm - 4:00 pm
(closed on holidays)

PASTORAL & SACRAMENTAL CARE

Baptism: Please call the Parish Office to make an appointment to register your child for Baptism and to discuss all the requirements. If you belong to another parish, a letter of permission from your pastor is required. If you are not a parishioner of any parish, you must register and attend Mass regularly, and there is a three-month waiting period before your child can be baptized.



To the new and
current MEMBERS
of our PARISH.

Kindly visit our website

<https://www.assumptionparishottawa.ca>

PRAYER REQUESTS: Let us pray for the healing
or better health of the following:



Lina Groulx, Claire Kiruhira,
Christopher Finnerty,
Gloriani Mateo, Charity
Marohombsar, Michael and
Armita Sabong, Nelia
Samonte, Felisa Daiz, Arlene
Magpayo, Theresa Akan,
Virgie Bautista, Leonida
Sarmiento, Melchor Tejero,

**All are invited to attend
Mass for the Sick every Tuesday in Ordinary
Time (except on Solemnity, Feast, or Obligatory
Memorial)**

**Pope Leo's Monthly Prayer Intention
For Respect for Human Life**

*"Let us pray for the respect and protection of
human life in all its stages, recognizing it as
a gift from God."*

LITURGICAL MINISTERS

July 25, 4:00 PM – Richard
Horrigan, Joan Lepage, Edgar Piol
with Yola Beloy; **July 26, 9:30 AM**
– Helen Belda, Janice Ordinario,
Donna Medrano with Helen Belda,
Nora Horrigan; **12 NOON** – Chit
Villanueva, Helen Belda, Elisa
Pulmano with Maura David, Ben
David, Lani Agustin **7:00 PM** –
Gina Distor, Noly Formoso,
Andrew Samonte with Edgar Piol



**Mass
Intentions**

JULY 18, SATURDAY, **9:00 AM**, Saturday, Our
Lady's Saturday (white) – †Souls in Purgatory by
Mary Stanton; **4:00 PM, SUNDAY LITURGY** –
Debora Eisl (birthday) by Colette Eisl

JULY 19, **SIXTEENTH SUNDAY IN ORDINARY
TIME** (green), **9:30 AM** – Well-being of the
donors of the Pew Restoration Project; Danilo
Madlansacay (healing) by Bobby Madlansacay;
†Rev. Paul Beaudoin by Beaudoin Family; †Fr.
Marc Mignault by Noreen Roney; **12:00 NOON**
– Well-being of the donors of the Pew
Restoration Project; Mark Louie Gustilo
(birthday) by Jonna Blance; Thanksgiving by El
Shaddai Group, OVFCSCA & Lorielyn Fegi &
Family; †Aninias Gustilo by Jonna Blance; **7:00
PM** – Pro Populo

The **PORTIUNCULA INDULGENCE** may be gained each year **from noon (12:00 p.m.) on August 1 through midnight (11:59 p.m.) on August 2**. The faithful may receive the indulgence once by fulfilling the required conditions: (1) Visit a parish church or a Franciscan church or shrine; (2) Pray the Our Father and the Creed; (3) Receive Sacramental Confession within about 20 days before or after; (4) Receive Holy Communion; (5) Pray for the intentions of the Holy Father. (6) Be free from all attachment to sin, even venial sin. ***The indulgence may be applied either to oneself or to a deceased member of the faithful.***



VOCATION MINISTRY IN OUR PARISH. LET US CONTINUE TO PRAY FOR VOCATION.

Join a group of parishioners **EVERY WEDNESDAY** immediately after Mass for the Novena in honor of Our Lady of Perpetual Help and prayers for vocations. Also, every **FIRST FRIDAY (next on August 7)** from 8:30 AM to 9:30 AM — after the scheduled Mass — there is **ADORATION** and **EXPOSITION** of the Blessed Sacrament in reparation for offenses against the Sacred Heart of Jesus and for faithful and sincere vocations in the Church. An opportunity for CONFESSION is also available at that time.

COUPLES FOR CHRIST - Gift of Life Ministry, ROSARY: All parishioners are invited to join **every First Saturday of each month** (next on August 7) for a special Mass Intention and a Rosary offered for the end of abortion and for the protection of every unborn child. Come and pray with us as one community, entrusting this important intention to the Lord through the intercession of the Blessed Virgin Mary. **ALL ARE WELCOME.**

THANK YOU once again to all the donors of the PEW RENOVATION PROJECT. The work is complete, and **only a few pews remain available for sponsorship.** Please call the parish office at 613-695-6079 on Monday to Friday at 10:00 AM to 4:00 PM, or contact THELMA ROGER at 613-2049390.

The **PARISH YOUTH MINISTRY** meets every 1st Saturday of the month (**next August 8**). We begin with Holy Mass at 4 PM, followed by a 45-60-minute youth session. Everyone is welcome to join us. Please send an email to our youth minister or through the Parish Office at youthministryassumptionparish@gmail.com or assumptionparishchurch@outlook.com

SAVE THE DATE. PARISH FIESTA CELEBRATION will be on **August 15, 2026** (Saturday). ***The tentative activities*** are children's games at 2:30 p.m., MASS at 4:00 PM, followed by a short program and a simple dinner.

Since the church hall accommodates fewer than 200 people. The **COMMUNITY MEAL** on the 1st Sunday (August 2) will also be a Fiesta event, giving those who usually come together only on Sunday a chance to celebrate, too

"SAINT FRANCIS LIVES ON" – Franciscan Jubilee Year (January 10, 2026 – January 10, 2027). Pope Leo XIV has proclaimed a special Franciscan Jubilee Year to commemorate the 800th anniversary of Saint Francis of Assisi's death. The Jubilee invites all Christians to renew their commitment to simplicity, humility, charity, peace, reconciliation, and care for creation, following the example of Saint Francis.

The Apostolic Penitentiary grants a **plenary indulgence** to the faithful who participate devoutly under the usual conditions. Pilgrimages to Franciscan churches or shrines are encouraged, while those unable to travel may unite spiritually through prayer and the offering of their



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